

Behavioral Health in Schools Update

October 24th, 2022

George Kosovich & Peter Miterko

Skagit County Public Health



Agenda

- Overview of School Based Work
- Youth Mental Health Indicators from Healthy Youth Survey
- School Social Work Programs
- NWESD 189 Presentation
- Communities in School Presentation

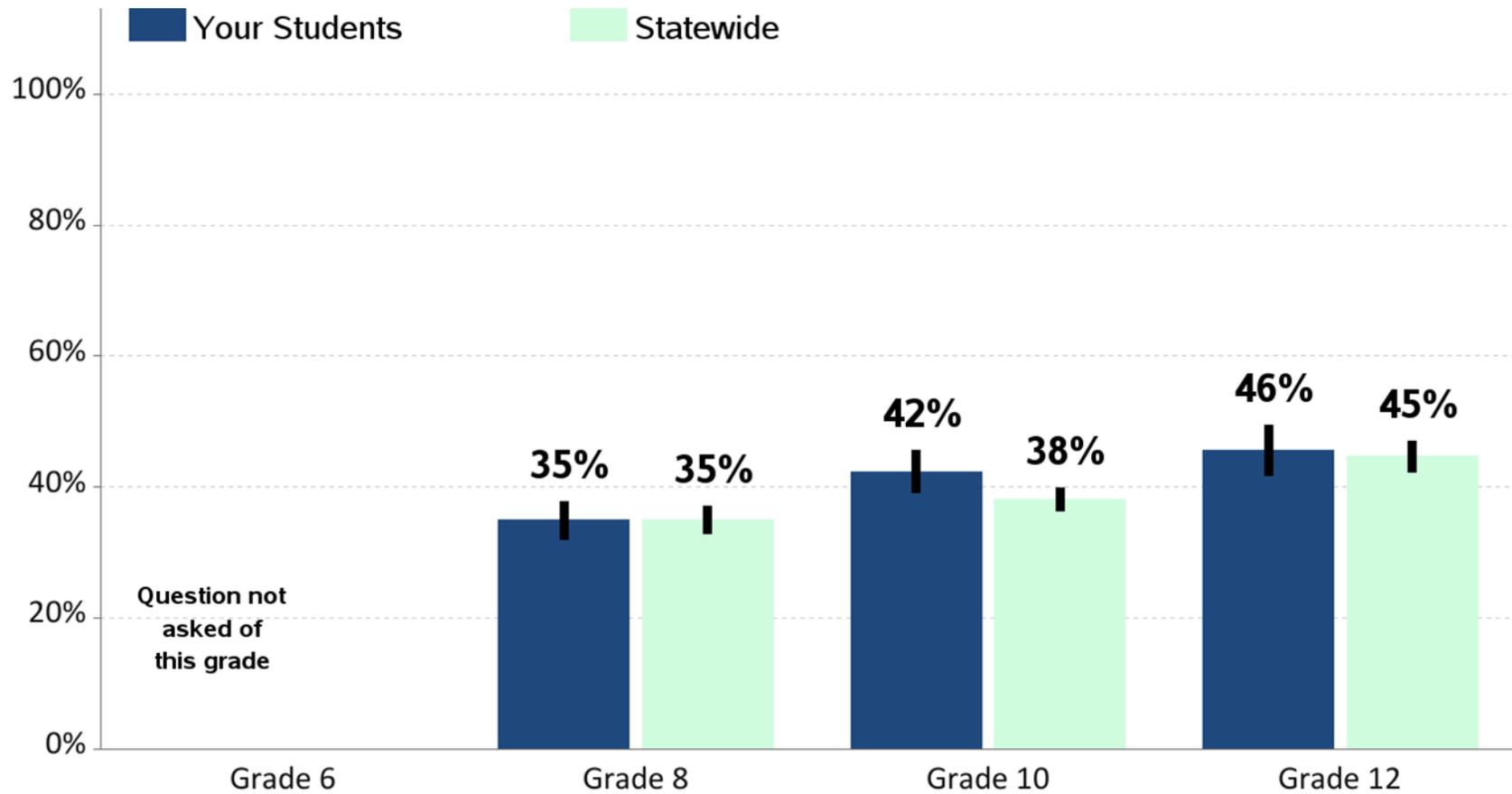


County Funding for Behavioral Health in Schools

Program Description	Funding Source	2023 Allocation
School social worker (SSW) program supports one staff at each of the seven school districts.	BH 1/10 Sales Tax	\$557,000
Two year funding for expansion of SSWs and LMHCs in schools	ARPA	\$400,000
Northwest Educational Service District BH Clinical Services start-up	ARPA	\$500,000
Communities in Schools Covid 19 Learning Recovery Support from COVID-19	ARPA	\$500,000



Healthy Youth Survey: % of students who report feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities in the past year



- Source: 2021 Healthy Youth Survey



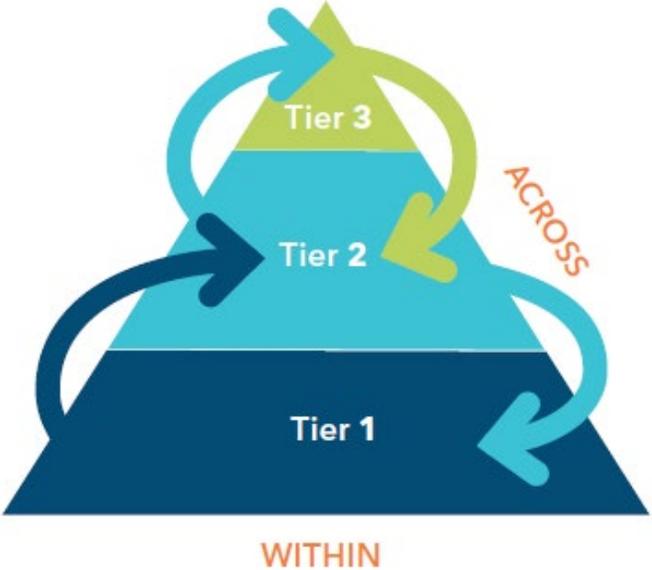
2021-2022 SSW Locations

- Anacortes
 - Anacortes Middle School (ARPA)
 - Anacortes & Cap Sante High Schools
- Burlington-Edison
 - Allen Elementary
 - Burlington High School (ARPA)
- Concrete
 - Concrete Elementary School
 - Concrete High School
- La Conner
 - La Conner Elementary School
- Mount Vernon
 - Mount Vernon High School & Aspire Academy (ARPA)
 - Mount Baker Middle School & LaVenture Middle School
- Sedro-Woolley
 - Cascade Middle School

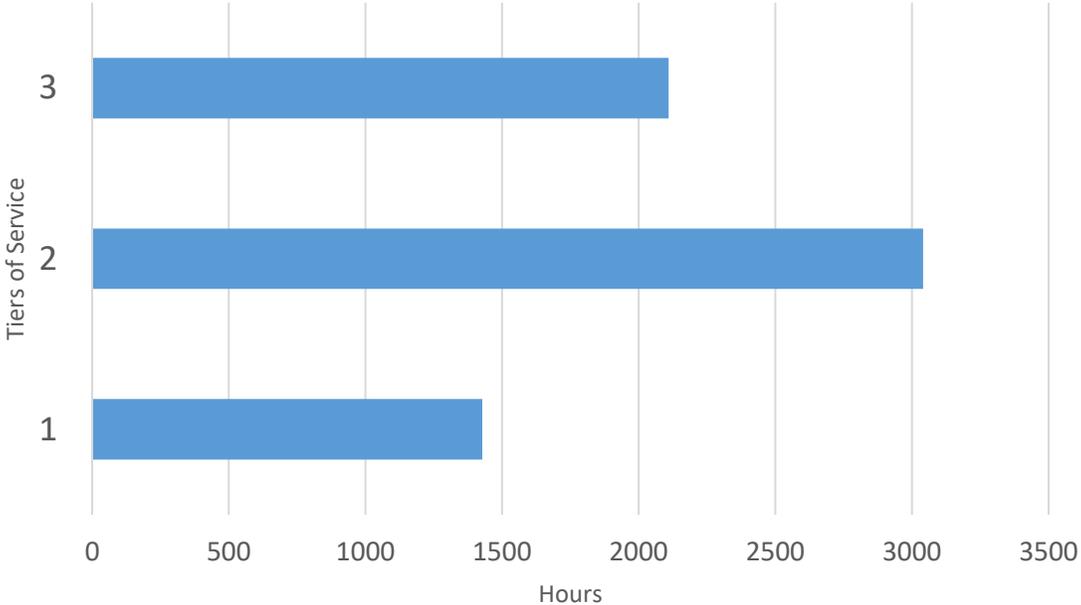


SSW Activities

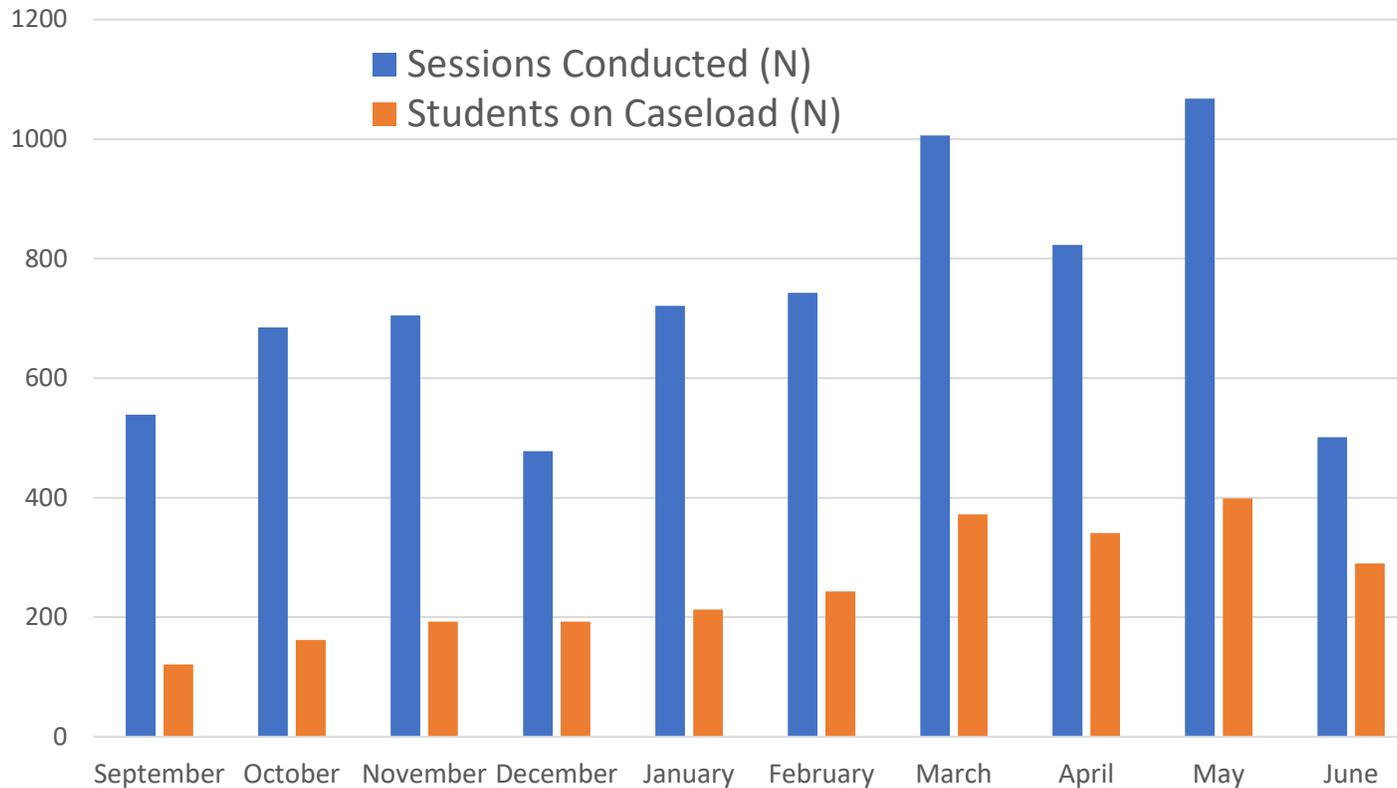
Multi-Tiered Systems of Support



Reported Direct Service Hours Spent by Service Category



Direct Service Data (All SSWs)



- Average 58 students served per SSW per month
- Average caseload of 34 students/SSW
- Caseload = 2+ meetings per month



Northwest Educational Services District 189 Update

Natalie Gustafson, Assistant Director

Christopher Allen, Behavioral Health Administrator

NWESD 189

NWESD 189 Clinical Services Locations

21-22 School Year

- January 2022 - Began clinical services in support of school-based health center at Sedro Woolley High School. 3 days/week. 1 day at both Cascade and State Street. Colleen Chan is provider.
- February 2022 – Began clinical services at La Conner (3 days) and Conway School Districts (2 days). Cheri Renfro is provider.

22-23 School Year

- September 2022 - Began clinical services at Westview ES and Lucille Umbarger K-8 in Burlington. Megan Stonelake is provider.
-

NWESD 189 Service Process

- Referral process
 - Pre-engagement/family engagement
 - Mental Health Assessment and Diagnosis
 - Treatment Planning
 - Ongoing Counseling
 - Care Coordination
 - Discharge Planning
-

NWESD 189 Administrative Activities

- Plan to leverage Medicaid funds through Managed Care Organization contracts
 - Application process for those five organizations in our region has begun
 - Obtained an electronic health record system for record keeping and billing purposes
 - Weekly clinical supervision by state approved supervisor
 - Social Work Professional Development & Networking
-

NWESD 189 Future Activities

- Include Psychiatric consultation and support
 - Legal/Ethical consultation and support
 - Continued professional development and training of clinicians
 - Building capacity for school based mental health services regionally
-

The Ordinary Magic of Connection and Community

Communities In Schools of Whatcom-Skagit



Communities
In Schools

Whatcom-Skagit



Communities In Schools

Whatcom-Skagit

To surround
students with a
community of
support
empowering them
to stay in school
and achieve in life

[Fall 2019 Community Impact Video](#)



[Fall 2021 Community Impact Video](#)

Program Expansion

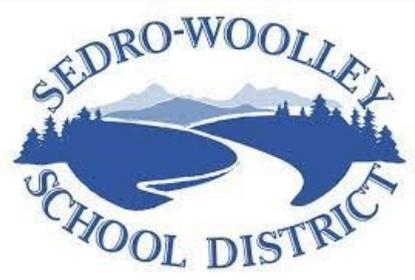


Communities
In Schools

Whatcom-Skagit



Partnership with **Skagit County
Public Health Department**
*Educational Assistance: Social,
Emotional, and Mental Health
Services*



Students we serve

Who Are We Serving During Academic Year 2022-2023

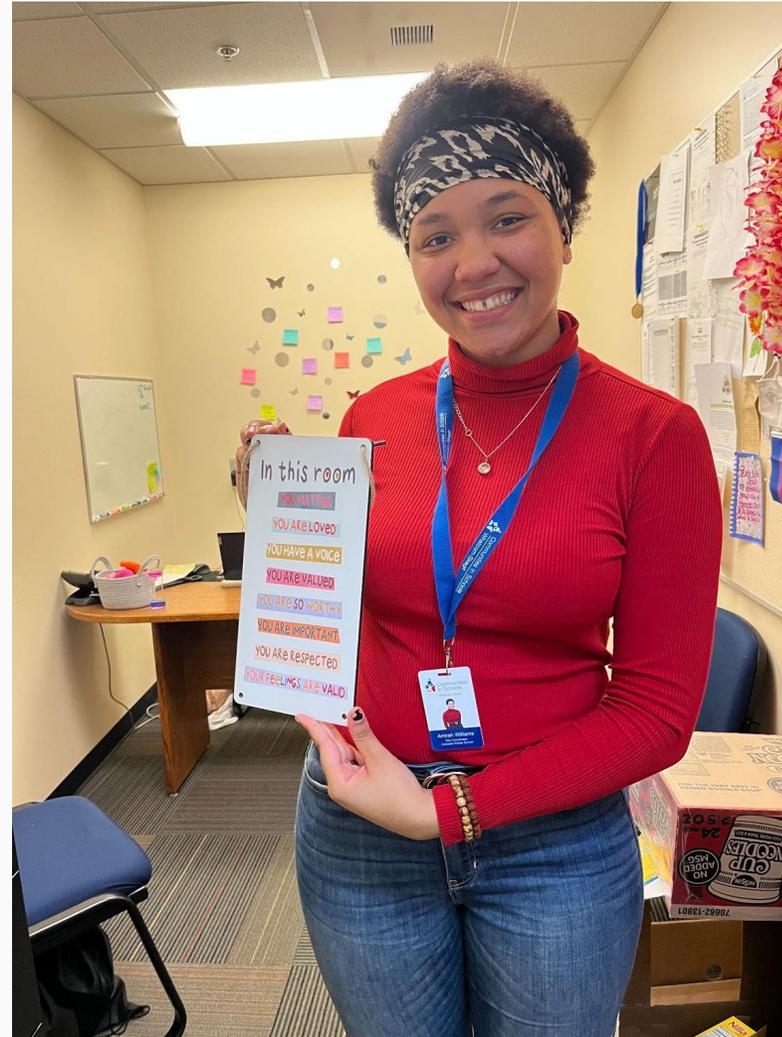
OSPI Data (aggregated and disaggregated)

Skagit County Expansion Team Table				
School Site	Enrollment	Low-Income %	Homelessness %	ELL %
Anacortes Middle School	598	33.8%	1%	2.3%
West View E.S.	378	66.4%	2%	47.9%
Cascade Middle School	691	53%	6%	6.1%
McKinney Vento/Out Of School Youth Navigator	These students and 4,100 Mount Vernon SD students where CIS is present			
8 Sites	Total: 1,667 students	<u>Average: 51.06%</u> <u>Range: 33.8 to 66.4%</u>	9% (Skagit-wide)	<u>Average: 18.76%</u>
			*Per HUD guidelines Homelessness is never averaged; always totaled for the geographical area.	

Mckinney-Vento/Out of School Youth Navigator



Cascade Middle School Sedro Woolley School District





Anacortes Middle School Anacortes School District



**Communities
In Schools**
Whatcom-Skagit

Brennan Redding

Student Success Coach
Anacortes Middle School

OBJECTIVE

Partnering with teachers to identify challenges students face in class or at home and coordinating with community partners to bring outside resources inside schools.

A LOOK FORWARD

THIS IS A GENERAL FRAMEWORK OF SUPPORTS, BUT MY ROLE AND THE SPECIFIC SUPPORTS I CAN OFFER WILL GROW AND DEVELOP AS I COLLABORATE WITH ANACORTES MIDDLE SCHOOL'S STAFF AND LEARN MORE FROM YOU ABOUT WHAT SERVICES WILL FIT BEST WITH YOUR WORK. I LOOK FORWARD TO PARTNERING WITH ALL OF YOU TO HELP STUDENTS SUCCEED!

LETS TALK

Phone: 360-503-1190
Email: bredding@ciswhatcom-skagit.org / bredding@asd103.org
Location: Hawk Learning Center RM:115

I WORK WITH STUDENTS WHO NEED

- Support around attendance, academics, or behavior
- Social/emotional support
- Basic needs resources
- Connection to community resources

SUPPORTS I OFFER

- One to One Check-Ins
- Small Group Facilitation
- School-Wide Supports
- Family Engagement
- Community Resources
- Basic Needs Closet



West View Elementary School Burlington-Edison School District

